

**Supplementary Table 1.** Comparison of sarcopenia using grip strength and bioelectrical impedance analysis

Participants	None	Sarcopenia	Total
<b>Male</b>			
60–64	182 (98.9)	2 (1.1)	184 (100.0)
65–69	210 (97.7)	5 (2.3)	215 (100.0)
70–74	149 (94.9)	8 (5.1)	157 (100.0)
75–79	117 (92.1)	10 (7.9)	127 (100.0)
≥80	62 (78.5)	17 (21.5)	79 (100.0)
<b>Female</b>			
60–64	270 (98.2)	5 (1.8)	275 (100.0)
65–69	228 (96.2)	9 (3.8)	237 (100.0)
70–74	158 (90.8)	16 (9.2)	174 (100.0)
75–79	121 (85.8)	20 (14.2)	141 (100.0)
≥80	63 (74.1)	22 (25.9)	85 (100.0)
<b>Male</b>			
≥60	720 (94.5)	42 (5.5)	762 (100.0)
≥65	538 (93.1)	40 (6.9)	578 (100.0)
≥70	328 (90.4)	35 (9.6)	363 (100.0)
≥75	179 (86.9)	27 (13.1)	206 (100.0)
≥80	62 (78.5)	17 (21.5)	79 (100.0)
<b>Female</b>			
≥60	840 (92.1)	72 (7.9)	912 (100.0)
≥65	570 (89.5)	67 (10.5)	637 (100.0)
≥70	342 (85.5)	58 (14.5)	400 (100.0)
≥75	184 (81.4)	42 (18.6)	226 (100.0)
≥80	63 (74.1)	22 (25.9)	85 (100.0)

The data is presented as N (%).